



5th – 11th JANUARY 2025 WELLNESS & RECREATION

TIME	SUNDAY (05/01/25)	MONDAY (06/01/25)	TUESDAY (07/01/25)	WEDNESDAY (08/01/25)	THURSDAY (09/01/25)	FRIDAY (10/01/25)	SATURDAY (11/01/25)
7.00 am – 7.45 am	Running Club From the Gym Complimentary	Sun Salutation at the Yoga Pavilion Complimentary	Sun Salutation at the Yoga Pavilion Complimentary	Sun Salutation at the Yoga Pavilion Complimentary	Running Club From the Gym Complimentary	Sun Salutation at the Yoga Pavilion Complimentary	Running Club From the Gym Complimentary
10:00 am- 10:30 am	Holistic Wellness at AVI Spa by Yoko Kawaguchi		Holistic Wellness at AVI Spa by Yoko Kawaguchi		Holistic Wellness at AVI Spa by Yoko Kawaguchi		
11.00 am - 12.00 pm	* Couples Yoga at the Yoga Pavilion USD 75++ per couple	Aerial Yoga (Trial – 20 mins) at the Yoga Pavilion (max. 4 person) Complimentary	Muay Thai Boxing (Trial – 30 mins) at the Umi beach Complimentary	* Couples Yoga at the Yoga Pavilion USD 75++ per couple	*Upper Body Workout at the Gym (max 6 person) USD 45++ per person	*Muay Thai Boxing at the Yoga Pavilion USD 75++ per person (max 4 person)	*Pilates on a Mat at the Yoga Pavilion (max 8 person) USD 45++ per person
	*Waves & Wonders Resin Craft Workshop At the Collective USD 55++ per person	Aqua Aerobics at the Main Pool 30 min Complimentary	*Ocean Creatures Resin Craft Workshop At the Collective USD 55++ per person	*Waves & Wonders Resin Craft Workshop At the Collective USD 55++ per person	*Ocean Creatures Resin Craft Workshop At the Collective USD 55++ per person	*Waves & Wonders Resin Craft Workshop At the Collective USD 55++ per person	*Ocean Creatures Resin Craft Workshop At the Collective USD 55++ per person
3.00 pm – 4.00 pm	*Kick Boxing at the Yoga Pavilion USD 75++ per person (max 4 person)	* TRX Workout at the Gym (max 2 person) USD 45++ per person	* Salsa Dance Class at Yoga Pavilion (max 8 person) USD 45++ per person	*Aerial Yoga at the Yoga Pavilion (max.4person) USD 85++ per person	*Pilates on a Mat at the Yoga Pavilion (max 8 person) USD 45++ per person	Salsa Dance Class at Yoga Pavilion Complimentary	*Aerial Yoga at the Yoga Pavilion (max.4person) USD 85++ per person
5.00 pm – 6.00 pm	*Football Academy at the Football Court (max 6 person) 45 min USD 45++ per person	*Sound Healing Meditation at the Yoga Pavilion USD 65++ per person	Beach Volleyball Match at Umi Beach Complimentary	*Sound Healing Meditation at the Yoga Pavilion USD 65++ per person	Aqua Aerobics at the Main Pool 30 min Complimentary	*Yoga Nidra Meditation at the Yoga Pavilion USD 45++ per person	Beach Volleyball Match at Umi Beach Complimentary
		Beach Volleyball Match at Lighthouse Beach		Table Tennis Knockout at Umi Beach Complimentary		Beach Volleyball Match at Umi Beach Complimentary	

- Private Muay Thai / Kick Boxing | at Yoga Pavilion | USD 150++ Per Adult
- Private Kids Muay Thai / Kick Boxing | at Yoga Pavilion | USD 75++ Per Child
- Couple's Muay Thai / Kick Boxing | at Yoga Pavilion | USD 250++ Per Couple
- Private Salsa Dance Class | at Yoga Pavilion | USD 75++ Per Person
- Personal Training | at Gym | USD 75++ Per Person
- Resin Art Workshops | at Collective | 10 am – 7 pm (Tuesday to Sunday)

- Private Yoga | at Yoga Pavilion | USD 75++ Per Person
- Couples Aerial Yoga | at Yoga Pavilion | USD 150++ Per Couples
- Private Emotional Crystal Healing | at Avi Spa | USD 175++ Per Person
- Private Meditation | at Avi Spa | USD 75++ Per Person
- Private Pilates / TRX | USD 75++ Per Person
- Private Football Academy | at Football Court | U

Activities marked with * are available on request subject to availability & charges may apply.
 Advance reservations are required. Above price are quoted in US Dollar & subject to 10% service charge & 16% GST. For reservations & further information, kindly communicate with your friendly Island Curator



5th – 11th JANUARY 2025 KIDS ACTIVITIES



TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5 Jan	6 Jan	7 Jan	8 Jan	9 Jan	10 Jan	11 Jan
10:00 am - 11:00 am	*Family Magic Workshop at the Collective USD 35++ per person	Christmas Special T-Shirt Painting USD 35++ per child	*Magic Workshop USD 35++ per child	Planet Trekkers Origami Special - Make a Jelly Fish	Planet Trekkers Creative Special – Kurumba (Coconut) Painting	Planet Trekkers Creative Special – Palm Bark Painting	Planet Trekkers Creative Special – Palm Leaf Weaving
11:00am - 12:00 pm	Spy Training (Sharky & George) 10 am – 12 noon	Christmas Classic (Sharky & George)	*Glass Painting USD 35++ per child	*Cupcake Artists USD 20++ per child (max.6 children) at the Collective	*T-Shirt Painting USD 35++ per child	*Bag Painting USD 35++ per child	*Glass Painting USD 35++ per child
12:00 pm - 01:00 pm	*Family Gingerbread House Making Complimentary	Christmas Classic (Sharky & George)	Kids Movie Time	Kids Movie Time	Kids Movie Time	Kids Movie Time	Kids Movie Time
03:00 pm - 04:00 pm	Treasure Hunt (Sharky & George)	Christmas Adventure Race (Sharky & George)	*Sparkling Sea Creatures (Resin Art Workshop) at the Collective USD 55++ per child	Face Painting	Henna Tattoo	Manta Scavenger Hunt	Coconut Bowling
04:00 pm - 05:00 pm	Treasure Hunt (Sharky & George)	Christmas Adventure Race (Sharky & George)	Paper Angel Crafts	Outdoor Games	Mini Magic Show	Mini Manta Biologists	Outdoor Games
05:00 pm - 06:00 pm	Kids Splash Fun	New Year Card Making	Face Painting	Board Games	Coconut Painting	Kids Football	Kids Pool Fun
06:00 pm - 08:00 pm	Free Play & Kids Mini Disco	Kids Movie Night	Free Play & Kids Just Dance	Kids Movie Night	Free Play & Kids Mini Disco	Kids Movie Night	Free Play & Kids Just Dance

Kids Pool Timings at Planet Trekkers are 10 – 11 am & 3 – 4 pm.

*Charges are applicable for highlighted activities, quoted in US Dollars & subject to 10% Service Charge & 16% GST.

Planet Trekkers Activities are accessible upon pre-booking. The above program is subject to change due to weather conditions & the number of participants present for each activity.

5th – 11th JANUARY 2025 TEENS ACTIVITES

TIME	SUNDAY (5 Jan)	MONDAY (6 Jan)	TUESDAY (7 Jan)	WEDNESDAY (8 Jan)	THURSDAY (9 Jan)	FRIDAY (10 Jan)	SATURDAY (11 Jan)
10.00 am – 11.00 am	*Family Magic Workshop at the Collective USD 35++ per person	*Teen Spa Special at AVI SPA 10:00am- 1:00pm USD 150++ per person					
11.00 am – 12.00 am			Muay Thai Masterclass (Trial – 30 mins) at the Umi beach Complimentary	Ice Coffee & Ice Tea Master at the Pool Bar Complimentary	*Ocean Creatures Resin Craft Workshop At the Collective USD 55++ per person	*Muay Thai Masterclass (at the Yoga Pavilion) USD 75++ per person	Ice Coffee & Ice Tea Master at the Pool Bar Complimentary
12.00 pm – 01.00 pm						*Cooking Class at the Collective USD 45++ per person	Aerial Yoga (Trial – 20 mins) at the Yoga Pavilion (max. 4 person) Complimentary
01.00 pm – 02.00 pm							
03.00 pm – 04.00pm		Manta Teen Talk Tea at the Collective Complimentary		*Reef & Resin Custom Phone Covers at the Collective USD 150++ per person		Salsa Dance Class at Yoga Pavilion Complimentary	*Reef & Resin Custom Phone Covers at the Collective USD 150++ per person
04.00 pm – 05.00 pm			Mocktail Master at the Pool Bar Complimentary				Mocktail Master at the Pool Bar Complimentary
05.00 pm – 06.00 pm	*Football Academy at the Football Court (max 6 person) 45 min USD 45++ per person	Beach Volleyball Match At Lighthouse Beach Complimentary	Beach Volleyball Match At Umi Beach Complimentary	Table Tennis Knockout at Umi Beach Complimentary	Dance Tok (Aqua Aerobics) at the Main Pool 30 min Complimentary	Beach Volleyball Match At Umi Beach Complimentary	Beach Volleyball Match At Umi Beach Complimentary
06.00 pm – 07.00 pm				*Teen BBQ At the Lighthouse Beach USD 190++ per person (minimum 6 teens)		*Fishing Trip & BBQ Local Style At the Marine Center USD 120++ per person (minimum 4 teens)	
08:00 pm - 09.00 pm		Movie Mania At the Umi Beach Complimentary (minimum 4 teens)					Movie Mania At the Umi Beach Complimentary (minimum 4 teens)

* Teen Activities are accessible upon pre-booking

* The Above programme is subject to change due to weather conditions & the number of participants for each activity



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		06.00 am – 08.00 am *Sunrise Fishing (min. 4 person)			06.00 am – 08.00 am *Sunrise Fishing (min. 4 person)	
08.30 am – 12.30 pm Boat Dive (Certified Divers)	08.30 am – 12.30 pm Boat Dive (Certified Divers)		08.30 am – 12.30 pm Boat Dive (Certified Divers)	08.30 am – 12.30 pm Boat Dive (Certified Divers)		08.30 am – 12.30 pm Boat Dive (Certified Divers)
09.30 am - 11.30 am *House Reef Dive/ *Discover Scuba Diving		09.30 am - 11.30 am *House Reef Dive/ *Discover Scuba Diving		09.30 am - 11.30 am *House Reef Dive/ *Discover Scuba Diving		09.30 am - 11.30 am *House Reef Dive/ *Discover Scuba Diving
		10.00 am – 11.00 am *Fun Tube (Kids Club)			10.00 am - 12.00 noon Pool / Bubblemaker (8-9 years old)	
10.00 am – 12.00 pm *Turtle Safari (min. 4 person)	09.30 am – 11.30 am *Manta Excursion (min. 4 person)	10.00 am – 12.00 noon *Adventure Snorkelling (Coral Garden) (min. 4 person)	10.00 am – 12.00 pm *Turtle Safari (min. 4 person)	09.30 am – 11.30 am *Manta Excursion (min. 4 person)	10.00 am – 12.00 noon *Adventure Snorkelling (Coral Garden) (min. 4 person)	09.30 am – 11.30 am *Manta Excursion (min. 4 person)
02.00 pm - 05.00 pm *Boat Dive / *Discover Scuba Diving	02.30 pm - 04.30 pm *House Reef Dive/ *Discover Scuba Diving	02.00 pm - 05.00 pm *Boat Dive / *Discover Scuba Diving	02.30 pm - 04.30 pm *House Reef Dive/ *Discover Scuba Diving	02.00 pm - 05.00 pm *Boat Dive / *Discover Scuba Diving	02.30 pm - 04.30 pm *House Reef Dive/ *Discover Scuba Diving	02.00 pm - 05.00 pm *Boat Dive/ *Discover Scuba Diving
	02.30 pm - 04.00 pm *Group Snorkelling (min. 4 person)	02.30 pm - 04.30 pm Pool / Bubblemaker (8-9 years old)	02.30 pm - 04.00 pm *Group Snorkelling (min. 4 person)		02.30 pm - 04.00 pm *Group Snorkelling (min. 4 person)	
03.00 pm - 04.00 pm *Discover Snorkelling (House Reef)		05.00 pm - 05.30 pm Secrets of the Blue Talk At the Retreat	03.00 pm - 04.00 pm *Discover Snorkelling (House Reef)		03.00 pm - 04.00 pm *Discover Snorkelling (House Reef)	
06.00 pm - 08.00 pm *Sunset Fishing (min. 4 person)	05.30 pm - 07.30 pm *Dolphin Cruise (min. 4 person)	06.00 pm - 08.00 pm *Sunset Fishing (min. 4 person)	05.00 pm - 07.30 pm *Local Island Visit (min. 4 person)	05.30 pm - 07.30 pm *Dolphin Cruise (min. 4 person)	06.00 pm - 08.00 pm *Sunset Fishing (min. 4 person)	05.30 pm - 07.30 pm *Dolphin Cruise (min. 4 person)

- *Private House Reef Snorkelling | 1 hour | USD 95++ per person
- *Private Crownline | Max 4 person | USD 450++ per hour
- *Private Paraboat | Max 6 person | USD 500++ per hour
- *Private Dhoni | Max 8 person | USD 475++ per hour
- *Night Snorkelling | Min 2 person | USD 110++ per person
- *Private Coast Craft | Max 8 person | USD 550++ per hour
- *Coast Craft Big Game Fishing | Max 8 person | USD 650++ per hour

Cancellation: No charges is cancelled 24 hours prior to the activity. 50% charged if cancelled 23 to 13 hours prior to the activity. 100% charged if cancelled 6 hours prior to the activity or no show
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